Rules and Exceptions for 2016-2017 WNY Niagara County Christian Basketball Association Schedule

- 1. Over and Back is in effect.
- 2. Pressing is allowed throughout the game. (If ahead by more than 15 points, press should be removed).
- 3. Ten (10) second rule to get ball over half court line is in effect. Since there are no shot clocks the count resets if there is a time stoppage before the ball gets over half court.
- 4. Illegal numbers are waived.
- 5. Jewelry of any kind is not allowed during the game. Objects must be removed.
- 6. No three point shot.
- 7. Shot clock is waived.
- 8. Game will consist of four six-minute quarters.
- 9. Overtime is a three-minute period. Overtime periods will be played until a winner is determined. Each team is allowed ONE additional timeout for each overtime period. Each overtime will begin with a center jump. Teams do not switch baskets for the overtime periods.
- 10. Two foul shots will be awarded on the FIFTH team foul of EACH QUARTER. The TEAM fouls will reset to zero for each quarter. No more one and one foul shots. For example, in the first quarter two shots will be awarded on the fifth team foul. At the end of the quarter, TEAM fouls will be reset to zero for the second quarter etc. The only time the number of team fouls is carried over is if the game goes into overtime.
- 11. Game begins with a center jump. Alternate possession is in effect thereafter.
- 12. Each team is allowed FIVE thirty (30) second timeouts per game.
- 13. Stop time after every score in the last minute of the game is waived.
- 14. During foul shots, lane players are allowed to move on shot release. Shooter must hold until shot hits the rim.
- 15. In the final minute of the game a team that gains possession after a basket/rebound/turnover can call a timeout and then have the option of taking the ball out of bounds at the original spot in the backcourt or can opt to have the ball moved to half court in front of the scorer's table.

UNSPORTSMANLIKE CONDUCT

The officials will enforce all rules regarding unsportsmanlike conduct by coaches, players and ESPECIALLY SPECTATORS. There will be NO TOLERANCE for negative statements or actions from anyone within the facility. This includes trash-talk, taunting, or baiting by anyone. If such comments are heard or actions seen, a penalty will be assessed immediately (including removal from the facility).

This will be considered your warning. There will be no warning during the contest. Coaches are required to be in control of themselves, their team, AND THEIR SPECTATORS at all

a penalty against the team, removal of the individual(s) from the facility, or both.					