



LUNCH

OCTOBER 2025

CATHOLIC ACADEMY OF NIAGARA FALLS

FREE

Monday



Tuesday



Wednesday

Thursday

Friday

6
French toast in a bag
hash brown, egg patty
sausage
juice, milk

7
Hot dog on roll
waffle fries
pork & beans, corn
fruit, milk

8
Pizza stix
broccoli & cheese
chef salad
fruit, milk

9
Pasta
w/ meat sauce
chef salad, garlic roll
fruit, milk

10
NO
SCHOOL

13
NO
SCHOOL

14
Sloppy joe on roll
mac & cheese bites
peas, corn
fruit, milk

15
Mozzarella sticks
boneless wings w/
dipping sauce
carrot & celery sticks
fruit, milk

16
Pasta
w/ meat sauce
chef salad, dinner roll
fruit, milk

17
Pizza
w/ cheese & pepperoni
chef salad
fruit, milk

20
Confetti pancakes
in a bag
hash brown, egg patty
sausage
juice, milk

21
Cheeseburger on roll
potato smiles
carrots, corn
fruit milk

22
Pizza hot pockets
vegetable soup
cauliflower
fruit, milk

23
Pasta
w/ meat sauce
chef salad, garlic toast
fruit, milk

24
Pizza
w/ cheese & pepperoni
chef salad
fruit, milk

27
Egg McMuffin
w/ cheese
tater tots
fruit, milk

28
Grilled cheese
tomato soup
w/ goldfish, peas
fruit, milk

29
Chicken quesadilla
w/ sour cream & salsa
nacho chips & cheese
corn, fruit, milk

30
Pasta
w/ meat sauce
chef salad, dinner roll
fruit, milk

31
Pizza
w/ cheese & pepperoni
chef salad
fruit, milk

This institution is an equal opportunity provider and employer.

1% white and low-fat chocolate milk are served daily. Cereal lunch or sandwiches (tuna, PB&J, or just cheese) served daily.

Menu subject to change.