



LUNCH

OCTOBER 2026

Catholic Academy of Niagara Falls

FREE

Monday

Tuesday

Wednesday

Thursday

Friday



Egg McMuffin
w/ sausage
hash brown
fruit, milk

5

Hot dog on roll
tater tots
baked beans, pickles
fruit, milk

6

Chicken & waffles
w/ strawberries
corn
fruit, milk

7

Pizza
w/ cheese & pepperoni
blended vegetables
fruit, milk

8

NO
SCHOOL

9

NO
SCHOOL

12

Cheeseburger on a roll
french fries
pickles
fruit, milk

13

Chicken alfredo
w/ broccoli
garlic stick
fruit, milk

14

Pasta
w/ meat sauce
chef salad, dinner roll
fruit, milk

15

Pizza
w/ cheese & pepperoni
chef salad
fruit, milk

16

Breakfast pizza
hash brown
juice
fruit, milk

19

Grilled cheese
tomato soup
french fries, peas
fruit, milk

20

BBQ chicken
mashed potatoes
corn
fruit, milk

21

Pasta
w/ meat sauce
chef salad, garlic roll
fruit, milk

22

Pizza
w/ cheese & pepperoni
chef salad
fruit, milk

23

French toast
hash brown
sausage, eggs
fruit, milk

26

Cesar chicken wrap
sweet potato
french fries, corn
fruit, milk

27

Sub in a tub
ham/lettuce/tomato/cheese
chips
fruit, milk

28

Pasta
w/ meat sauce
chef salad, garlic knot
fruit, milk

29

Pizza
w/ cheese & pepperoni
chef salad
fruit, milk

30

This institution is an equal opportunity provider and employer.

1% white and low-fat chocolate milk are served daily. Cereal lunch and sandwiches (PB&J, tuna, and cheese) are served daily.

Menu subject to change.